

## K4Health eToolkits

K4Health eToolkits ([www.k4health.org/toolkits](http://www.k4health.org/toolkits)) are collections of carefully selected information resources for health policy makers, program managers, and service providers. (See *more details, below.*)

## Injectables Toolkit

Around the world, use of injectable contraceptives is rising dramatically. Between 1995 and 2005 the number of married women worldwide using injectables nearly tripled, from about 12 million to over 32 million. By 2015 use is projected to reach nearly 40 million. The increasing demand for injectables challenges programs to increase access to and improve the quality of services. Expanding access to injectable contraceptives with high-quality services helps fulfill women's right to contraceptive choice and contributes to sustainable family planning programs.

The Injectables Toolkit takes a holistic approach and includes: accurate information; up-to-date policies and guidelines, quality training, supervision, and services; effective communication and marketing; and proper logistics. Health policy makers, program managers, service providers, information officers, and others will find guidance for program planning, tools to implement programs, and other resources.

## Injectable Toolkit Background

The Injectables Toolkit was developed by staff working on the K4Health Project. Staff members selected resources based on a wide search for relevant published and grey literature from around the world. K4Health invites users of the toolkit to provide feedback, suggest additional resources to fill information gaps, and share with other users how they have used or plan to use the toolkit. A built-in, moderated discussion board is provided for this purpose.



## K4Health eToolkits (continued)

Partners with expertise and experience in the topic develop the toolkits collaboratively using a series of online features, including audio- and video-conferencing tools, text chatting, and a commenting feature that allows invited collaborators to provide comments about individual resources and toolkit sections. This participatory approach guarantees that the toolkits are of the highest quality. The continuous publishing principle on which toolkits are based allows them to evolve after publication to capture additional resources and to identify and fill remaining information gaps.

(To see a list of all K4Health eToolkits and those in production go to [www.k4health.org/toolkits](http://www.k4health.org/toolkits). If you, or your organization, would like to develop a toolkit not already on the list, please contact the k4Health eToolkits team at: [Toolkits@k4health.org](mailto:Toolkits@k4health.org).)

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About Join the Discussion

### Training

As demand for injectables increases, programs need more health care workers who can provide injectables. With proper training, any health care worker can give contraceptive injections safely. In this section, program managers and service providers can review the latest training techniques and curricula for injectables. This section includes a variety of training resources such as general training documents, training models specific to injectables, competency-based training materials, and materials specific to giving safe injections and managing waste.

In the Training section of the Injectables Toolkit, program managers and service providers can access information on:

- [Guidelines And Tools For Injectables Training And Education](#)
- [Injectables Training Manuals And Curricula](#)
- [Safe Injections And Managing Waste](#)
- [General Training Resources](#)

Have a suggested resource or comment about this section? Please visit our [discussion board](#).

#### Guidelines And Tools For Injectables Training And Education

Provider Characteristics Worksheet (Programming for Training: A Resource Package)  
2008  
Engender Health/ The ACQUIRE Project  
1 p  
English

Suggested use: Use this worksheet to collect and organize data about each cadre of health care provider who will participate in the training. Collects information on such topics as their job descriptions; reading and writing levels; educational background and work experience; familiarity with computers and exposure to teaching/learning technology.  
[View more >](#)

Sample Action Plan for Linking Training to Performance and Training Follow-Up Form (Programming for Training: A Resource Package)  
2008  
EngenderHealth/The ACQUIRE Project  
English

## Training

With proper training, any health care worker can give contraceptive injections safely. This section includes the latest training techniques and curricula for injectables--general training documents, training models specific to injectables, competency-based training materials, and materials about safe injections and managing waste.

## Service Delivery

Service delivery should be client-centered, meaning that services are tailored to clients' needs and meet medical standards. This section contains information and job aids to help service providers offer client-centered care, including resources to assist with screening, counseling, safe injections and waste management, and support for injectables clients.

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About Join the Discussion

### Service Delivery

This section of the Injectables Toolkit focuses on service delivery from from the service provider perspective. Services should be client-centered, meaning that services are tailored to clients' needs and meet medical standards. This section of the Injectables Toolkit includes information and job aids to help service providers offer client-centered care, including resources to help with:

- [Screening](#)
- [Counseling](#)
- [Safe Injections And Waste Management](#)
- [Supporting Injectables Users](#)

Have a suggested resource or comment about this section? Please visit our [discussion board](#).

#### Screening

Who Can Use Injectables?  
2010  
Knowledge for Health (K4Health)  
3 p  
English (Word)   
English

Injectables can be used by almost all women of reproductive age. This brief outlines the World Health Organization's Medical Eligibility Criteria for who can (categories 1 and 2) and cannot (categories 3 and 4) use progestin-only injectables and combined injectables.  
[View more >](#)

Medical Eligibility Criteria Wheel for Contraceptive Use  
2009  
World Health Organization [WHO]  
1 p  
English   
French   
Spanish