

# Community-Based Family Planning Toolkit



Knowledge for Health

## K4Health Toolkits

K4Health Toolkits ([www.k4health.org/toolkits](http://www.k4health.org/toolkits)) are collections of carefully selected information resources for health policy makers, program managers, and service providers.

Partners with expertise and experience in the topic develop the toolkits collaboratively using a series of online features, including discussion boards, audio- and video-conferencing tools, text chatting, and a commenting feature that allows invited participants to leave comments about individual resources. This participatory approach guarantees that the toolkits are of the highest quality. The continuous publishing principle on which the toolkits are based upon allows them to evolve after publication to capture additional resources and to identify and fill remaining information gaps.

## Toolkit Development

Leading health organizations who participate in the development of a toolkit use the K4Health "Toolkit Application" to collaboratively develop toolkits online. The application brings together the expertise and experience of organizations and professionals around a health-related topic such as community-based family planning (CBFP). It allows participants to organize and share their resources among a broader audience.

When a toolkit is ready for release, an identified toolkit manager can publish it online for public viewing. After publication, a new discussion board automatically generates for public users to provide feedback and questions on the content of the toolkit, as well as to suggest additional resources for inclusion in the toolkit and to identify information gaps.



## Community-Based Family Planning Toolkit

The Community-Based Family Planning Toolkit ([www.k4health.org/toolkits/communitybasedfp](http://www.k4health.org/toolkits/communitybasedfp)) is currently being developed in collaboration with The Johns Hopkins Bloomberg School of Public Health/Center for Communication Programs, Family Health International, ICF Macro, and the U.S. Agency for International Development. The toolkit will be published soon and accessible on the K4Health Web site.

The toolkit provides a one-stop source for evidence-based knowledge and lessons learned about CBFP programs. The resources included were carefully selected so that all key resources are collated into a single clearinghouse, thereby eliminating the need to conduct extensive searches on multiple sites.

Health policy makers, program managers, service providers, information officers, and others will find guidance for program planning, tools to implement programs, and other resources in this toolkit on topics such as Monitoring & Evaluation, Policy & Advocacy, Program Planning, and Community Mobilization, to name a few. After the toolkit is published, users will be able to comment, suggest, and add resources to fill information gaps unique to CBFP programs and ensure that it remains up-to-date.



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## Community-Based Family Planning Toolkit

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### Policy & Advocacy

CBFP activities need the buy-in of government health officials and administrators, family planning program managers and providers, and the community. This section of the CBFP Toolkit includes advocacy resources to help address needed change in policies, guidelines, regulations and standard operating procedures that will help to foster effective implantation and scale-up of CBFP services.

In addition to supportive policies, up-to-date and evidence-based family planning guidelines are needed to help programs and providers offer quality services that are free from unnecessary requirements and medical barriers. The World Health Organization has issued and periodically updates global technical guidelines that cover how to provide contraceptive methods and to whom. National family planning and reproductive health programs can use the WHO global recommendations and other resources with international guidance, provided below, as a basis for developing, reviewing, or updating their own national family planning guidelines.

Also included in this section of the Toolkit are resources on task sharing- a viable option for CBFP programs to utilize for improving or expanding health care coverage to rural and underserved areas.

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## POLICY & ADVOCACY

This section of the CBFP Toolkit includes advocacy resources to help address needed change in policies, guidelines, regulations and standard operating procedures that will help to foster effective implementation and scale-up of CBFP services.

## COMMUNITY MOBILIZATION

This section of the CBFP Toolkit includes many guides on community mobilization, examples of country experiences in community involvement and CBFP, and resources to help program planners and program managers garner interest and support in CBFP from hard-to-reach populations such as men and youth.

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## Community-Based Family Planning Toolkit

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### Community Mobilization

Community involvement can lead to better CBFP programs and outcomes. Community members have the best understanding of their own culture, norms, beliefs and traditions. Thus, participation by community members can assist in more relevant, cost-effective, gender equitable and socially equitable CBFP programs, thereby leading to increased community support and demand for family planning. Community mobilization is defined as a capacity-building process through which individuals, groups, or organizations plan, carry out, and evaluate activities on a participatory and sustained basis. This section of the CBFP Toolkit includes many guides on community mobilization, examples of country experiences in community involvement and CBFP and resources to help program planners and program managers garner interest and support in CBFP from hard to reach populations such as men and youth.

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K4Health is implemented by the Johns Hopkins Bloomberg School of Public Health Center for Communication Programs (CCP) in partnership with Family Health International (FHI), and Management Sciences for Health (MSH).  
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